"Know Better to Better Include" Prize

Regulation

FPDD (Portuguese Federation of Sports for People With Disabilities) establishes the "Know Better to Better Include" Prize, under its project with the same name.

The purpose of this initiative is to support and encourage research in the areas of Exercise for Health, Healthy Lifestyles Promotion and Inclusion in and by Sports, preferably amongst the population of individuals with disabilities.

FPDD invites all interested parties to submit their research work, in accordance with this regulation.

Article 1st

Objective

In order to encourage scientific research and aiming to spread the knowledge and skills in the physical activity and sports for people with disabilities area, FPDD yearly allocates a cash prize for the best article submitted for publication in the magazine FPDD - Sports and Physical Activity for All. If the quality standards of any other presented work justifies it, it may also be eligible for an additional monetary prize as an honorable mention.

Article 2nd

Scope and amounts

- 1. The prize will distinguish the best article submitted for evaluation by FPDD Sports and Physical Activity for All magazine jury. It must be elaborated according to the standards published at www.fpdd.org website and should fit in the following thematic areas:
- a) Exercise for Health;
- b) Healthy Lifestyles Promotion;
- c) Inclusion in and by Sports;
- d) Good Sports Practice.
- 2. The first prize has the value of € 500.00 (five hundred euros).
- 3. If the first prize is attributed to two or more articles, the prize money will be equally divided by all tied competitors.
- 4. When granted, the honorable mention has the value of € 200.00 (two hundred euros).
- 5. FPDD will support any costs related with stamp duty taxation.

Article 3rd

Time frame and formal submissions application

- 1. Every submitted article selected for publication is automatically a prize candidate unless if accompanied by explicit reference to the contrary.
- 2. Submitted papers must be written according to the standards made available at www.fpdd.org and submitted within the announced time frames.
- 3. Articles submitted by candidates contractually linked to FPDD or its associates, as well as by their immediate family members, will not be considered for evaluation by the Prize Jury.

Article 4th

Evaluation and articles selection

- 1. In the selection process, the Jury will consider the merits of each work and project, through the following evaluation parameters:
- a) Relevance and quality of the presented work;
- b) Authenticity;
- c) Practical application potential;
- d) Muti-disciplinarity and partnerships.
- 2. The articles in competition will be evaluated by a Jury composed of a minimum of three national and/or foreign experts designated by FPDD for this purpose.
- 3. The jury's decisions are final and cannot be appealed.

Article 5th

Announcement of the results

- 1. The winning article(s) announcement will be published at FPDD's website: www.fpdd.org.
- 2. Only the winning author(s) will be notified by e-mail.
- 3. The winning author(s) will be invited to make a presentation of his/her work during the "Know Better to Better Include" seminar organized by FPDD;
- 4. The prize will be presented on the day of the Seminar. At the same moment winner(s) will sign a document confirming the discharge and reception of the prize.

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