EXPERIENCES WITH SPECIAL POPULATIONS AT PUBLIC AND SPECIAL SCHOOLS IN LJUBLJANA, SLOVENIA

Experiences With Special Populations at Public and Special Schools in Ljubljana, Slovenia

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I was working with teenagers and young adults who had dyspraxia, autism or were hearing and visually impaired in Ljubljana, Slovenia, for half a year during their classes of Physical Education at schools. I had an opportunity to see children and young adults in a school made especially for them and a girl included in a public school. In the special school the system was adapted for special population's needs. They let them choose between different activities as for them it was important that pupils were working out. They also had some assessment that was adapted for them. I was working by myself is this school and I adapted exercises for them, so we were working on strength, coordination, balance and flexibility. With some of them I was doing exercise for correction of posture, for some of them the development of communication skills was crucial. On the other hand, in the public school, the girl tried to follow the Physical Education curriculum. I was also working with her individually. She had adapted activities, but she needed more time to perform them and some problems occurred for the assessment tasks. When she couldn't follow the class we were doing exercises for developing coordination, balance, strength and flexibility. Teachers were actually grateful to have a help at classes. To conclude with my findings and feelings I founded working with special populations really satisfying even though it's not an easy work. You are overjoyed for all small steps that are made on the way towards the goal.

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