

Instructions for Authors

Scope

The Scientific Journal "FPDD - Sport and Physical Activity for All" (ISSN 2183-511X), is published by the Portuguese Federation of Sport for People with Disabilities, with the aim of promote scientific research and dissemination in the area of Sport and Physical Activity for People with Disabilities. Empirical and review studies will be accepted in the various themes that integrate it, namely:

- Functional Fitness and Sport Classification
- Physical Condition Assessment
- Sports Training and Exercise Prescription
- Inclusion and Adaptation Strategies
- Sociology of Sport
- Sport Psychology
- Participation in Physical Activities and Sports

Submission

Authors should send the formatted paper according to the journal guidelines by e-mail (revista@fpdd.org). Submitted papers are evaluated by the Editor-in-Chief and then forwarded for blind peer review. The Editor-in-Chief has the final decision on publication. The refereeing process is confidential between the author, the editor(s) and the reviewer(s) until the journal's publication date. No article processing fees (neither submission nor publication) are charged.

Format

- **File type:** .doc or .docx (MS Word).
- **Text:** A4 sheet format, double-spaced, font Times New Roman size 10, and 3 cm margins.
- **Tables and figures:** APA format, 7th edition.
- **Citations and references:** APA format, 7th edition.
- **Language:** Portuguese, English or Spanish.

Document structure for submission

The **first page** of the document is the title page, and should include, in this order:

- **Title:** in bold, maximum of 12 words.
- **Title in English:** in bold, maximum of 12 words
- **Short title:** in bold, maximum of 5 words
- **Authors:** Name of the authors in the order for publication, separated by semicolons, with the numbering referring to affiliation superscripted.
- **Affiliation:** Authors should indicate their institutional affiliation in numerical order.
- **Author for correspondence:** Name of the author, address for correspondence and e-mail that will be included in the article to be published.

Next, the **abstract** with a maximum of **200 words**, with 3 to 6 keywords that identify the main subject of the manuscript, separated by semicolons.

For articles in Portuguese or Spanish, the authors must include an abstract and keywords in English. For articles in English, the authors must include a summary and keywords in Portuguese.

Then, insert the **article** with a maximum of **5,000 words**, not including references, tables, figures and legends. Typical sections of the article are Introduction, Methods, Results, Discussion, Conclusions, Acknowledgements and References. However, it is acceptable to have a section in which there is a presentation of results simultaneously with their discussion (Results/Discussion). Adaptations of this structure are allowed for review articles, case studies or professional practice reports. Authors should indicate in the text the location of tables and figures (e.g., Insert Table 1).

Finally, **tables and figures** should be submitted on the page after the last reference of the article.

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